

CHAPTER 18: CARING FOR YOUR BABY

Calling Your Baby's Doctor

For more information, see *Pregnancy, Childbirth, and the Newborn* (PCN), page 383 or *The Simple Guide to Having a Baby* (SG), page 243.

Be familiar with newborn warning signs and call your baby's doctor or clinic anytime you see them! (PCN page 386, SG page 244). Also call anytime you're worried about your baby's health.

Here are some questions the doctor or nurse may ask, so be sure you have the answers ready before you call.

What is your baby's temperature? _____

What symptoms have you noticed? (For example, is your baby coughing? Vomiting? Is there a rash?) _____

Is your baby acting differently from the way she usually acts? (For example, is she fussier than usual? Is she very sleepy?) _____

Is your baby eating normally? _____

Are your baby's bowel movements the same as usual? Is your baby wetting as many diapers as usual? _____

What have you done to treat the symptoms? How is it working? _____

Is anyone else sick at home or child care? _____

Is your baby on any medications, or does she have any special health issues? _____

What is the name and phone number of your pharmacy or drugstore? _____

Have a pen handy to write down your caregiver's suggestions here: _____
